

From: Tennesseans For Raw Milk admin@tennesseansforrawmilk.com
Subject: Healthy, Asthma-Free Kids Found in the Cold Mountains!
Date: October 16, 2015 at 4:13 PM
To: shawndady@me.com

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Tennesseans For Raw Milk

Hi everyone,

During his travels, Dr. Weston A. Price found children who had no illnesses like colds and flu, and yet they ran barefoot in icy cold temperatures through creeks and streams in the mountains of Switzerland (they also had no cavities.) These children consumed raw dairy every day, in the form of butter, cheese, yogurt, and raw milk.

In Europe, many studies have been done showing that when kids drink raw milk that it protects against asthma, allergies, and other autoimmune diseases.¹ The evidence is clear. "Farm milk" consumption reduced childhood asthma, rhinoconjunctivitis, sensitization to pollen and other allergens.



Wouldn't you love to have allergy-free, healthy kiddos, with resistance to colds and flu? Well you certainly can. This "farm milk" for your kids is available in TN right now.

Little Spring Creek Farm has raw milk, raw milk cheeses, raw butter, and raw milk yogurt available through their cow share program that they make themselves, right on the farm.

Brandon Williams is the owner of Little Spring Creek Farm, and not only does he offer homemade kefir, but he also **raw Jersey cow milk** as well as **raw goat milk and free-range, pastured pork** (sold by the cut for more convenience for you.)



And Little Spring Creek farm also only uses **NON-GMO FEED**. This is very unusual and hard to find.

AND HIS SHARE PROGRAM IS VERY AFFORDABLE!

They grass feed their cows year round, which is unique as well, and this produces the highest quality raw milk. And not only that but Brandon also offers **butter, cream, and goat cheese as well for their herd share owners.**

They offer delivery into the **Franklin Farmer's Market** every Saturday morning from 8:00AM to 12 noon at the Factory and are also delivering into **Nashville on Tuesdays at Sevier Park, 12 South Farmer's Market, from 3:30pm to 6:30pm.**

If you're looking for a good herd share program, contact Brandon today. Click "read more" below to learn how.

Blessings,
Shawn Dady

*President, Tennesseans For Raw Milk
Weston A. Price Chapter Leader, Nashville/Brentwood/Franklin*

[1 http://www.ncbi.nlm.nih.gov/pubmed/17456213.1](http://www.ncbi.nlm.nih.gov/pubmed/17456213.1)



Little Spring Creek Farm

Little Spring Creek Farm is a lovely 62-acre farm in the rolling hills of Perry County, TN. Brandon and Andrea Williams and their 4 children take care of a herd of beautiful Jersey cows, a herd of Nubian and LaMancha goats, and a lot of free-ranging hogs.

There is plenty of ... [read more](#).

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